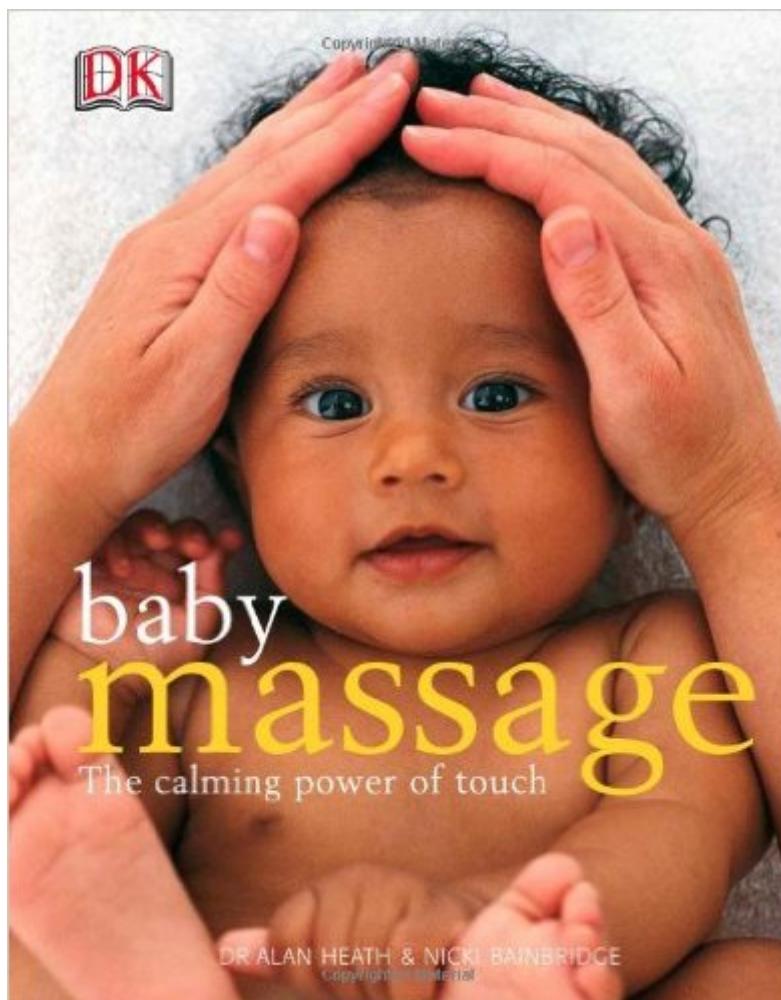


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# Baby Massage: The Calming Power Of Touch



## Synopsis

Baby Massage offers parents and caretakers safe and easy-to-learn massage techniques that reinforce bonding and all-around wellbeing. Step-by-step pictures show simple methods to soothe fretful babies, help them to get to sleep, and ease the pain of common ailments such as colic, and teething. Massage has been proven to enhance babies' and toddlers' brain development, encouraging brighter, happier children--and this beautifully illustrated guide makes it abundantly clear how easy it is to learn how.

## Book Information

Age Range: 1 - 1 year

Paperback: 96 pages

Publisher: DK; 2 edition (February 16, 2004)

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Product Dimensions: 7.2 x 0.3 x 9.3 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 starsÂ  See all reviewsÂ  (35 customer reviews)

Best Sellers Rank: #46,538 in Books (See Top 100 in Books) #36 inÂ  Books > Health, Fitness & Dieting > Alternative Medicine > Massage #128 inÂ  Books > Health, Fitness & Dieting > Children's Health #237 inÂ  Books > Parenting & Relationships > Parenting > Early Childhood

## Customer Reviews

FIRST, A WORD ON HEALTH CARE PUBLICATIONS-When looking for a book on almost any subject, it's always a good bet that DK books will have one on the subject. And whereas the overwhelming majority of them will be accurate in their presentation, it is good to remember that ALL information about health is subject to regular change and update.Unfortunately, Doctors and nurses simply don't have the time needed to constantly pour over new journal articles and go to seminars. This is why WE must keep OURSELVES informed by doing just that. Medical libraries are FREE for use by anyone in this country that pays their taxes and their staff knows this and are more than happy to help you learn how to use them. They know that by doing this we are not only increasing our own knowledge of current practices and procedures, but we are actually creating an invaluable resource for our healthcare providers.If your Doctor tells you that you have a condition that they are not familiar with, go to the medical library and look up any journal articles that have come out in the

past year on the subject and make two (2) copies. Take one to your Doctor and keep one for yourself. The positive response you get may surprise you, and it will certainly prove to your health care provider that you are interested in being proactive in your recovery. THE REVIEW!!As a Clinical Massage Therapist and Father, I can tell you from experience that this book is not only well written and contains some really cute pictures, but the information contained within is mostly accurate and very easily digested. I have heard of both of the contributing authors and can say that both have good reputations in their fields.Why not 5 stars?

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